

# **Initiation Aux Pilates**

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Guide de la méthode Pilates Auteur(s) : Louise Thorley éditeur : Parragon Reliure : Reli Date de sortie :

## **Stage initiation aux danses latines | paris**

Stage initiation aux Danses Latines, Espace Le Moulin, 48 rue du Fer Moulin, Paris, France. Thu Jul 30 2015 at 07:00 pm, Pilates Thu Jul 30 2015 at 06:30 pm

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### **Marie soul | linkedin**

initiation aux relations presse. Assistante d veloppement commercial Well Staff July 2009 September 2009 (3 months) Pilates Instructor. Greater Los

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Initiation aux danses latines Avec David Berthelot. Le samedi 11 octobre 2014. Saint-Martin-sur-le-Pr . Pilates, abdominaux et sport-sant

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Mercredi 8 juillet, 19h30-20h30: DO\*\*(initiation aux fondamentaux et la technique de la danse orientale) Mercredi 15, 19h-20h: PILATES/Stretching

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